

## Westdene

**Hours of operation:**  
Mondays to Fridays - 7:30am to 9pm  
Saturdays - 8am to 5pm  
Sundays - 10am to 4pm

☎ 051 430 6270

📍 The Playground, 76 Kellner Street  
Westdene | Bloemfontein

📍 Posh Lab Westdene | 🌐 www.poshlab.co.za



# Posh Lab

## Dan Pienaar

**Hours of operation:**  
Tuesdays & Thursdays - 8am to 6:30pm  
Wednesdays & Fridays - 8am to 5:30pm  
Saturdays - 8am to 2pm

☎ 051 444 0833

📍 C/O Eddie de Beer & General  
Beyers Street (18 General Beyers Street)  
Dan Pienaar | Bloemfontein

📍 Posh Lab Dan Pienaar | 🌐 www.poshlab.co.za

## Ethnic Hair Treatments

Ethnic Blow Wave	Duration	Price
Ethnic Blow Wave - Extra Long	60	199.99
Ethnic Blow Wave - Long	60	159.99
Ethnic Blow Wave - Medium	45	139.99
Ethnic Blow Wave - Short	45	109.99
Ethnic Hair Cut	Duration	Price
Ethnic Hair Cut	30	59.99
Ethnic Hair Cut and Blow Wave	Duration	Price
Ethnic Hair Cut and Blow Wave - Medium	60	159.99
Ethnic Hair Cut and Blow Wave - Short	30	139.99
Ethnic Hair Relaxer incl Blow Wave	Duration	Price
Ethnic Hair Relaxer - Dark & Lovely	60	119.99
Ethnic Hair Relaxer - Ladine	60	149.99
Ethnic Hair Relaxer - Softn'Free	60	99.99
Ethnic Hair Treatment incl Wash & Blow Wave	Duration	Price
Ethnic Hair Treatment	90	99.99
Extensions/Bonding	Duration	Price
Braiding - Long	360	999.99
Braiding - Medium	300	799.99
Braiding - Short	300	599.99
Essence	90	149.99
Essence with Style	120	179.99
Kids Braiding- Medium	90	299.99
Kids Braiding- Short	60	219.99
Kids Natural Hair Plaiting & Styling - Price available on request	150	-
Open Weave	120	299.99
Straight Back	120	199.99
Straight Up	180	299.99
Weave with Closure	120	349.99
Weaves removal including wash	60	129.99
Weaves wash and treatment	60	219.99

## Hair Treatments

Blow wave	Duration	Price
Blow Wave - Add-on to other hair services - Any length	60	99.99
Blow Wave - Long	60	169.99
Blow Wave - Long (No shampoo)	60	109.99
Blow Wave - Medium	45	139.99
Blow Wave - Medium (No shampoo)	45	99.99
Blow Wave - Short	45	109.99
Blow Wave - Short (No shampoo)	45	74.99
Curls and Upstyles	Duration	Price
Curls as an add-on to Blow Wave	30	99.99
Curls only - Long	45	189.99
Curls only - Medium	45	149.99
Curls only - Short	30	129.99
Flat Iron Only	30	129.99
Upstyle - Incl Wash and Blow Wave	60	379.99
Upstyle - No Wash and Blow Wave	45	249.99
Upstyle Trial - Incl Wash and Blow Wave	60	379.99

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<b>Custom made wigs</b>	<b>Duration</b>	<b>Price</b>
360/Frontal	120	549.99
Closure	120	449.99
<b>Cuts Only</b>	<b>Duration</b>	<b>Price</b>
Boys Cut (0-6)	30	49.99
Boys Cut (13 -18)	30	99.99
Boys Cut (7-12)	30	69.99
Fringe Cut	10	49.99
Gents Clipper Cut	30	79.99
Gents Cut & Style	30	119.99
Gents Cut & Style (Students)	30	109.99
Girls Cut (0-16)	30	89.99
Girls Cut (13 -18)	30	149.99
Girls Cut (7-12)	30	109.99
Ladies Cut (Students)	30	149.99
Ladies Cuts	30	159.99
<b>Hi-/Low lights incl. Blow Wave</b>	<b>Duration</b>	<b>Price</b>
Hi/low lights - Full Cap Student Gents	120	249.99
Hi/low lights - Full head - Long	180	759.99
Hi/low lights - Full head - Medium	180	679.99
Hi/low lights - Full head - Short	120	469.99
Hi/low lights - Gents Half Cap	90	209.99
Hi/low lights - Half Cap Student Gents	120	149.99
Hi/low lights - Half head - Long	180	529.99
Hi/low lights - Half head - Medium	180	429.99
Hi/low lights - Half head - Short	120	349.99
<b>In-salon Treatment excl. Blow Wave</b>	<b>Duration</b>	<b>Price</b>
Hair Wash Only	60	59.99
In-salon Hair Treatment	15	129.99
In-salon Mask	15	119.99
<b>Pensioners Services</b>	<b>Duration</b>	<b>Price</b>
Pensioners Blow Wave	30	74.99
Pensioners Colour, Cut and Blow Wave	90	529.99
Pensioners Cut (Gents)	30	89.99
Pensioners Cut (Ladies)	30	99.99
Pensioners Cut and Blow Wave (Ladies)	45	149.99
Pensioners Perm, Cut and Blow Wave	120	449.99
Pensioners Set (Ladies)	60	109.99
<b>Permanent Colour incl. Blow Wave</b>	<b>Duration</b>	<b>Price</b>
Permanent colour - Gents Short Hair	90	299.99
Permanent colour - Long	180	549.99
Permanent colour - Medium	120	469.99
Permanent colour - Root fill only	120	339.99
Permanent colour - Short	90	379.99
<b>Perms incl. Blow Wave</b>	<b>Duration</b>	<b>Price</b>
Perm (Long)	120	689.99
Perm (Medium)	120	509.99
Perm (Short)	120	419.99
<b>Image Consulting</b>	<b>Duration</b>	<b>Price</b>
Image Consulting		
Full Colour Consultation	90	1,079.99
Full Style Consultation	90	1,079.99
Hair Style & Colour advice	45	249.99
Make-up Lesson	60	299.99
Mini Colour Consultation	60	409.99
Mini Style Consultation	60	409.99
Shopping Assistance	120	679.99
Wardrobe Planning	120	679.99

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<b>Make-up</b>	<b>Duration</b>	<b>Price</b>
Bridal Makeup Incl Trial	60	499.99
Creative / Photographic Makeup	60	449.99
Day Makeup	30	249.99
Evening Makeup	60	349.99
Little Ladies Makeup (Girls < 10)	15	79.99
Makeup Trial session	60	249.99

## **Nail Services**

<b>Nails - Acrylic</b>	<b>Duration</b>	<b>Price</b>
Acrylic and Gel Full set nails	150	439.99
Acrylic and Gel Overlay/Refill	120	379.99
Acrylic Full set nails (with tips)	120	429.99
Acrylic Overlay - Hands	75	339.99
Acrylic Overlay - Toes	60	269.99
Acrylic Refill - Hands	60	269.99
Acrylic Refill - Toes	45	239.99

<b>Nails - Gel</b>	<b>Duration</b>	<b>Price</b>
Gel Full set nails (with tips)	120	299.99
Gel Overlay - Hands	60	169.99
Gel Overlay - Toes	45	129.99
Gel Refill - Hands	60	149.99
Gel Refill - Toes	45	119.99

<b>Nails - Xtra/Other</b>	<b>Duration</b>	<b>Price</b>
File and Nail Polish	30	79.99
French nails - extra (Gel/Acrylic)	30	19.99
Gel/Acrylic Nail Repair - Per Nail (no Tip)	30	19.99
Gel/Acrylic Nail Repair - Per Nail (with Tip)	30	29.99
Nail art - Free hand nail art as an add-on up to 4 nails	30	49.99
Nail art - Free hand nail art on all nails	30	69.99
Nail art - One Stroke as an add-on	30	49.99
Nail art - Sticker art as an add-on	15	11.99
Nail polish only	30	59.99
Soak off (as an add-on to other nail services)	45	59.99
Soak off incl. Buff & Shape	45	69.99

## **Salon Treatments**

<b>Body Treatments</b>	<b>Duration</b>	<b>Price</b>
Body Scrub / Exfoliation and Shower	45	259.99
Ozone Therapy	90	287.50
Ozone Therapy (10 Treatments)	90	2,070.00
Quantum Health Analyzer (Test & Recommendation)	30	575.00

<b>Eye treatments</b>	<b>Duration</b>	<b>Price</b>
Eyebrow & Eyelash Tint	30	149.99
Eyebrow & Eyelash Tint (Add-on to other treatments)	30	99.99
Eyebrow Tint	15	69.99
Eyebrow Tint (Add-on to other treatments)	15	59.99
Eyelash Tint	15	69.99
Eyelash Tint (Add-on to other treatments)	15	59.99
Lash Extension Removal	30	199.99
Lash Extensions Full Set (Clusters)	90	329.99
Lash Extensions Full Set (Individuals)	120	559.99
Lash Extensions Refil 2 weeks	60	279.99

<b>Facials</b>	<b>Duration</b>	<b>Price</b>
Anti-Ageing Facial incl Brow Tint & Shape	60	509.99
Deep Cleaning Facial incl Brow Tint & Shape	60	449.99
Hydrating Facial incl Brow Tint & Shape	60	389.99
Skin Analysis	15	79.99

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<b>Feet Care</b>	<b>Duration</b>	<b>Price</b>
Feet Reflexology	45	329.99
Foot Peel	45	289.99
Foot Peel with Nail Polish	60	329.99
Gents Pedicure	40	249.99
Gents Pedicure with Foot Peel	50	329.99
Nail Polish as an add-on to other feet care services	15	39.99
Paraffin Dip - Feet	30	149.99
Paraffin Dip Pedicure	75	389.99
Pedicure with Foot Peel	60	379.99
Pedicure with Gel overlay	75	349.99
Pedicure with Nail polish	60	289.99
<b>Fish Spa</b>	<b>Duration</b>	<b>Price</b>
30 Min Fish Spa and 30 Min Foot Massage	60	349.99
30 Min Fish Spa and Nail Polish (Toes)	60	249.99
Fish Pedicure	60	349.99
Fish Spa - 30 mins	30	219.99
Fish Spa - 60 mins	60	339.99
<b>Hair Removal - Threading</b>	<b>Duration</b>	<b>Price</b>
Threading - Chin	15	59.99
Threading - Eyebrow	15	64.99
Threading - Eyebrow & Upper Lip	30	109.99
Threading - Eyebrows Upper Lip and Chin	20	139.99
Threading - Facial sides	20	109.99
Threading - Full Facial	30	199.99
Threading - Lip	15	59.99
<b>Hair Removal - Wax</b>	<b>Duration</b>	<b>Price</b>
Wax - 3/4 Leg - Gents	45	239.99
Wax - 3/4 Leg (Ladies)	30	219.99
Wax - Bikini line	30	149.99
Wax - Chest/Back	30	169.99
Wax - Chin	10	69.99
Wax - Eyebrows	15	74.99
Wax - Eyebrows and Upper Lip	30	119.99
Wax - Eyebrows and Upper Lip and Chin	30	149.99
Wax - Facial sides	20	119.99
Wax - Full Arm	30	199.99
Wax - Full Facial	30	249.99
Wax - Full Leg - Gents	60	369.99
Wax - Full Leg - Ladies	45	249.99
Wax - Half Arm	15	129.99
Wax - Half Leg	30	199.99
Wax - Intimate - Gents	45	199.99
Wax - Intimate - Ladies	45	199.99
Wax - Intimate and Extended - Gents	45	299.99
Wax - Intimate and Extended - Ladies	45	299.99
Wax - Lower Back	30	129.99
Wax - Nostrils	15	79.99
Wax - Tummy	30	139.99
Wax - Under Arm	30	99.99
Wax - Upper Lip	15	69.99
Wax- Ears	15	79.99
<b>Hand Care</b>	<b>Duration</b>	<b>Price</b>
Gents Manicure	45	199.99
Manicure with Gel overlay	90	349.99
Manicure with Nail polish	45	289.99
Paraffin Dip - Hands	30	149.99

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<b>Hand/Feet Care</b>	<b>Duration</b>	<b>Price</b>
Manicure and Pedicure Combo (Gents)	90	329.99
Manicure and Pedicure Combo with Nail polish (Ladies)	120	509.99
<b>Instant Specials</b>	<b>Duration</b>	<b>Price</b>
Instant Special: Fish Pedicure	60	249.99
Instant Special: Two 45min Back & Neck Massages (Book 2)	45	419.99
<b>Massages</b>	<b>Duration</b>	<b>Price</b>
Back and Neck Massage - 30min	30	199.99
Back and Neck Massage - 45min	45	299.99
Back and Neck Massage - Aromatherapy	45	429.99
Back and Neck Massage - Deep tissue	45	449.99
Back and Neck Massage - Double Touch (2 therapists massaging 1 client)	60	499.99
Back and Neck Massage - Hot Stone	45	409.99
Facial Massage	30	239.99
Foot Massage	30	149.99
Full Body Massage - Aromatherapy	75	659.99
Full Body Massage - Deep tissue	60	709.99
Full Body Massage - Double Touch (2 therapists massaging 1 client)	120	879.99
Full Body Massage - Hot Stone	75	659.99
Full Body Massage - Indian	60	579.99
Full Body Massage - Swedish	60	449.99
Hand Massage	30	149.99
Indian Head Massage (Incl hair wash and blow wave)	90	349.99
Indian Head Massage (No hair wash & blow wave)	30	249.99
Leg Massage	30	269.99
Neck Massage	15	129.99
<b>Packages</b>	<b>Duration</b>	<b>Price</b>
BFF Package (Per person, minimum 2 persons)	135	659.99
Bridal Party Package (Per person, minimum 3 persons)	240	1,079.99
Couple's Retreat Package (Per person, minimum 2 persons)	165	789.99
Events Package (Per person, minimum 2 persons)	240	839.99
Father & Son(s) Package (Per person, minimum 2 persons)	130	599.99
Kids (under12) Package (Per person per 30 min item)	30	119.99
Mom & Daughter(s) Package (Per person, minimum 2 persons)	300	849.99
Monthly Package (Per person)	360	1,159.99
Pregnancy Package (Per person)	270	729.99
Specially for you Package (Per person)	255	729.99
Sportsman Package (Per person)	250	869.99
Teenagers (12 - 18) Package (Per person per 30 min item)	30	199.99
<b>Tattoo Services</b>	<b>Duration</b>	<b>Price</b>
Henna Tattoo - Price available upon request	60	-
<b>Xtra/Kids Parties</b>	<b>Duration</b>	<b>Price</b>
1 Layer round or rectangular cake with butter frosting	-	595.00
1 Layer round or rectangular cake with fondant	-	855.00
2 Layer round cake (intricate)	-	1,700.00
2 Layer round cake (simplistic)	-	1,115.00
Cupcakes (each)	-	10.00
Detailed Cake Pops (each)	-	26.00
Kids Party Coordinator Per Hour, Compulsory for parties of 5 or more children	60	275.00
Soft Chew Box	-	23.00
Soft Chew Bucket	-	26.00
Standard Pack Box	-	30.00
Standard Pack Bucket	-	33.00
Starter Pack Box	-	26.00
Starter Pack Bucket	-	29.00
Ultimate Pack Box	-	35.00
Ultimate Pack Bucket	-	38.00
<b>Xtra/Special Services</b>	<b>Duration</b>	<b>Price</b>
Baby Sitting	60	129.99
Food as an add-on to any treatment (per platter for 2-3 persons)	-	129.99
Mobile Services (per km)	-	12.00
Per Hour services	60	329.99

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