



Hair | Beauty | Nails | Fish Spa | Make-up | Pregnancy | Massage | Kids Parties
Mobile Services | Group Packages | Couples Treats | Corporate Packages

Dan Pienaar - 051 444 0833
Mon - Tue: 9am to 5:30pm
Wed - Fri: 8am to 5:30pm
Sat: 8am to 2pm
Tel: 051 444 0833
18 General Beyers Street
Dan Pienaar

Westdene - 051 430 6270
Mon - Fri: 8am to 9pm
Sat: 8am to 5pm
Sun: 10am to 4pm
Tel: 051 430 2670
37 Pres Steyn Ave
Westdene

Pregnancy & After Birth **Beauty Services**

Flexible treatment packages according to the stage of your pregnancy and personal preference

Massages by Qualified Somatologists

Benefits of Pregnancy Massages:

- *Reduced back & joint pain*
- *Improved circulation*
- *Reduced edema (swelling)*
- *Reduced muscle tension & headaches*
- *Improved oxygenation of soft tissue and muscles*
- *Reduced stress and anxiety*
- *Better sleep*

Services at Posh Lab or in the comfort of your own home for your convenience

Relaxation and personal care treatment options

Valid until 31 July 2018

Terms & Conditions apply
Visit us at www.poshlab.co.za