

Hair | Beauty | Nails | Fish Spa | Make-up | Pregnancy | Massage | Kids Parties
Mobile Services | Group Packages | Couples Treats | Corporate Packages



Brandwag
Mon - Tue: 9am to 5:30pm
Wed - Fri: 8am to 5:30pm
Sat: 8am to 2pm
Tel: 051 444 0833
Brandwag Shopping Centre
Brandwag

Westdene
Mon - Fri: 8am to 9pm
Sat: 8am to 5pm
Sun: 10am to 4pm
Tel: 051 430 2670
37 Pres Steyn Ave
Westdene

Pregnancy & After Birth Beauty Services

**Flexible treatment packages according to the
stage of your pregnancy and personal preference**

**Massages by Qualified
Somatologists**

Benefits of Pregnancy Massages:

- *Reduced back & joint pain*
- *Improved circulation*
- *Reduced edema (swelling)*
- *Reduced muscle tension & headaches*
- *Improved oxygenation of soft tissue and muscles*
- *Reduced stress and anxiety*
- *Better sleep*

**Services at Posh Lab or in the
comfort of your own home
for your convenience**

**Relaxation and personal
care treatment options**

Terms & Conditions apply
Visit us at www.poshlab.co.za